

Daily Word



A UNITY PUBLICATION
SEPTEMBER 1950

Class Thoughts

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are awakened and inspired to right action for the good of all mankind.

AUG. 20 to SEPT. 19

ILLUMINATION (11 a. m.): I have faith in the illuminating power of God's word, and I am now open and receptive to divine inspiration.

PROSPERITY (12 noon): I have faith in the substance of God working in and through me to increase and make manifest my prosperity.

HEALING (9 p. m.): I have faith in the healing power of Spirit, which is now restoring and rebuilding my mind and body. In His name I am made whole.

SEPT. 20 to OCT. 19

ILLUMINATION (11 a. m.): The light of the Holy Spirit shines in my consciousness, and I see clearly.

PROSPERITY (12 noon): The Holy Spirit substance prospers me, and abundance is everywhere manifest.

HEALING (9 p. m.): The Holy Spirit life heals me, and I radiate health to everybody and everything.

DAILY WORD is published monthly by **UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI**. Single copies at 15c each. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Entered as second-class matter, at the post office at Lee's Summit, Missouri. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.

Unity School publishes the following periodicals: **Unity**, **Progress**, **Weekly Unity**, **Good Business**, **Daily Word**, and **Unity Sunday-School Leaflet** at \$1 a year, and **Wee Wisdom** at \$2 a year.

DAILY WORD

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Vol. 53

SEPTEMBER, 1950

No. 3

In This Issue

| | | |
|--|--------------|----|
| No Trespassing— <i>Martha Smock</i> | - - - - - | 2 |
| How I Found Health— <i>Myrtle Fillmore</i> | - - - - - | 7 |
| A Glorious Future— <i>Ellsworth Kalas</i> | - - - - - | 10 |
| Poems: Greeting to a Stranger— <i>Pauline Havard</i> | - - - - - | 6 |
| To Whom It May Concern— <i>R. H. Grenville</i> | - Center | |
| Soaring Thought— <i>James Dillet Freeman</i> | - Back Cover | |
| Cover in Color— <i>Avery Slack</i> | | |
| Center Photograph— <i>Paul Jaffary</i> | | |

DAILY LESSONS FOR SEPTEMBER

| | | |
|------------------|-------------------|--------------------|
| 1. Giving | 11. Life | 21. Prosperity |
| 2. Guidance | 12. Relaxation | 22. Healing |
| 3. Peace | 13. Harmony | 23. Vision |
| 4. Fearlessness | 14. Security | 24. Thinking |
| 5. Joy | 15. Protection | 25. Poise |
| 6. Kindness | 16. Understanding | 26. Forgiveness |
| 7. Blessings | 17. Youth | 27. Accomplishment |
| 8. Words | 18. Success | 28. Presence |
| 9. Balance | 19. Love | 29. Child of God |
| 10. Divine Order | 20. Illumination | 30. Seeing Good |

No Trespassing

MARTHA SMOCK

IF, WHEN we are tempted to give someone unasked for advice, we should see a "No Trespassing" sign before us we would turn and go our own way, would we not? If, when someone starts to overstep the bounds of our own private life, we could hastily erect a "No Trespassing" sign unpleasantness would be avoided, would it not?

All of us at times are trespassers; all of us at times are trespassed against. And the only way to find peace of mind in either case is through forgiveness.

I do not believe that most of us when we pray, "Forgive us our trespasses, as we forgive those who trespass against us" realize what our trespasses are, what the trespasses of others against us are. We do not see in this prayer of forgiveness the answer to disturbed and unhappy human relations.

Have you ever been made unhappy by having repeated to you what someone else said about

you? Probably you were able to forgive and forget. But others, hearing that someone has been talking about them, can neither forgive or forget and carry bitterness in their heart for years.

If only we could always quickly forgive the person who seems to have trespassed against us, even as we would hope to be forgiven if the situation were reversed, how much better off we would be! All of us know the devastating effects of bitterness and resentment upon our mind and body. But some of us have yet to learn the healing power of forgiveness. We have only a limited concept of the far-reaching effects of a forgiving heart and spirit.

All of us are interested in other people; we like to have them interested in us. Our real desire is to feel close to others, to feel loved and needed and wanted. We are all trying to learn how to have happy human relations. We may feel that there are so many barriers between us now that nothing of this nature is needed. But a "No Trespassing" sign should be respected between human beings, a "No Trespassing" sign against any and all of the things that hurt us and make us unhappy and distrustful of one another.

Jesus, when He prayed "Father, forgive them; for they know not what they do" uttered a prayer for all of us. For oftentimes we trespass against

the rights and happiness of another person without even knowing that we do. And often we trespass most against those who are closest and dearest to us.

When we resist and resent the encroachments that someone makes upon our freedom and privacy, to realize that he probably does not know how we feel will help us to be forgiving. We can forgive others more readily when we realize that at some time we ourselves have unwittingly trespassed against another human being.

If we could only realize how very much alike we are, even in our seeming differences! My longing to be allowed to live my life as I see best does not set me apart from you. It should help me to realize how you feel about your life. It should keep us from criticizing or condemning one another and from attempting to direct one another's thoughts and actions.

But suppose that our relations with others are far from perfect. Perhaps we are upset and unhappy because we feel trespassed against. Perhaps someone has said something unkind or untrue or unjust about us, or a relative has taken it upon himself to tell us how to raise our children, how to manage our life. It may be that a co-worker has taken it upon himself to point out our errors to the boss. How should we react, what

are we to do, how are we going to meet the situation and find peace of mind again?

We can do this: Whenever we think of the person or situation that is making us unhappy we can say silently, "I bless you and forgive you."

It is not always easy to see it but there is something good in every situation. Like Jacob, wrestling with the angel, we can say to the unhappy situation, "I will not let thee go, except thou bless me." That is to say "I will not give up in despair to this situation, I will not allow resentment and bitterness to remain in my heart. I will forgive, and find a blessing in doing so."

As we pray "Forgive us our trespasses, as we forgive those who trespass against us" the healing, forgiving love of God will overflow our heart. We will feel love and forgiveness for every person, we will feel a benediction of love and forgiveness being poured out upon us.

We do not need "No Trespassing" signs in our heart or life when we truly understand that no one can trespass against us. We are one with God; we are one with all people. The unity that exists between us is indestructible; nothing can truly divide us. We come to know our unity through forgiveness. In forgiving we are forgiven, and the bitterness, the hurt, the resentment we may have once felt are gone forever from our heart.

Greeting to a Stranger

PAULINE HAVARD

I greet you as a brother
With kind and friendly speech.
I follow love's wise prompting,
For love alone can reach

The lonely, hungering heart of you,
The heart to mine akin,
And light the lamp of friendship,
That welcomes strangers in.

And though our views may differ,
I'll bridge the gap with prayer;
Look deep within your smiling eyes
And see the Christ self there.

HAVE MADE what seems to me a discovery. I was fearfully sick; I had all the ills of mind and body that I could bear. Medicine and doctors ceased to give me relief, and I was in despair, when I found practical Christianity. I took it up and I was healed. I did most of the healing myself, because I wanted the understanding for future use. This is how I made what I call my discovery:

I was thinking about life. Life is everywhere—in worm and in man. "Then why does not the life in the worm make a body like man's?" I asked. Then I thought, "The worm has not as much sense as man." Ah! intelligence, as well as life, is needed to make a body. Here is the key to my discovery. Life has to be guided by intelligence in making all forms. The same law works in my own body. Life is simply a form of energy, and has to be guided and directed in man's body by his intelligence. How do we communicate intelligence? By thinking and talking, of course. Then it flashed upon me that I might talk to the life in every part of my body and have it do just what I wanted.

I told the life in my liver that it was not torpid or inert, but full of vigor and energy. I told the

life in my stomach that it was not weak or inefficient, but energetic, strong, and intelligent. I told the life in my abdomen that it was no longer infested with ignorant ideas of disease, put there by myself and by doctors, but that it was all athrill with the sweet, pure, wholesome energy of God. I told my limbs that they were active and strong. I told my eyes that they did not see of themselves but that they expressed the sight of Spirit, and that they were drawing on an unlimited source. I told them that they were young eyes, clear, bright eyes, because the light of God shone right through them. I told my heart that the pure love of Jesus Christ flowed in and out through its beatings.

I went to all the life centers in my body and spoke words of Truth to them—words of strength and power. I asked their forgiveness for the foolish, ignorant course that I had pursued in the past, when I had condemned them and called them weak, inefficient, and diseased. I did not become discouraged at their being slow to wake up, but kept right on, both silently and aloud, declaring the words of Truth, until the organs responded. And neither did I forget to tell them that they were free, unlimited Spirit. I told them that they were no longer in bondage to the carnal mind; that they were not corruptible flesh, but centers of

life and energy omnipresent.

Then I asked the Father to forgive me for taking His life into my organism and there using it so meanly. I promised Him that I would never, never again retard the free flow of that life through my mind and my body by any false word or thought; that I would always bless it and encourage it with true thoughts and words in its wise work of building up my body temple; that I would use all diligence and wisdom in telling it just what I wanted it to do.

I did not let any worried or anxious thoughts into my mind, and I stopped speaking gossipy, frivolous, petulant, angry words. I let a little prayer go up every hour that Jesus Christ would be with me and help me to think and speak only kind, loving, true words; and I am sure that He is with me, because I am so peaceful and happy now.

I want everybody to know about this beautiful, true law, and to use it. It is not a new discovery, but, when you use it and get the fruits of health and harmony it will seem new to you, and you will feel that it is your own discovery.

Editor's Note:

This was written by Myrtle Fillmore who, after being told by the doctors that she had only six months to live, found spiritual healing. She lived happily for more than fifty years after that.

A Glorious Future

ELLSWORTH KALAS

W HAT DOES the future hold for us? Since the creation men have asked themselves this question.

We can know that our future holds good for us as assuredly as we know that God is good. The future is but the continuation of the present, and our present realization that our life is filled with the Spirit of God is our guarantee of a happy future.

Our outlook is as bright as the loving-kindness of God. Our future opportunities are as unlimited as the creative genius of God.

Our future is not subject to the whims of fate nor is at the mercy of the vagaries of earthly rulers. We may not know the political or social future of the world, or understand the thinking of the men who are intrusted with the world's governments; but our future is not dependent on these things. Our future is in God.

All the world smiled during the last war at the little English girl who concluded her prayer

for protection with the request, "And take good care of Yourself, God, because if anything should happen to You, we'd all be lost!" The truth of the little girl's statement is even greater than its humor. There is, indeed, nothing to fear in the days ahead, since we have placed all in the hands of God. Nothing can be lost, for we have intrusted all to His care. By following His counsel, we travel an assured path, the ways of which are marked with blessings.

Further, we can rest in the knowledge that God's will for us is good. He desires the best for us. God wills every good thing for us, and directs our path into areas of blessing. When we realize that God's will for us is good, we know that there is nothing to fear.

We know too that God will be with us always. During Jesus' last days with His disciples He promised them that He would be with them at all times, "even unto the end of the world." With that promise He guarantees that He will be our companion to any imaginable extremity. What greater assurance could we ask for than this? His Spirit is in us always, an abiding comforter.

Remembering this we can rejoice: we will never be alone. Human beings fear lonesomeness, sometimes dreading the distant future because it may mean being alone, with many old friends gone.

But this fear has no part in our life. In all the future there are no lonesome days; God has promised to be with us at all times.

Further, as we look to the future we can relax in the confidence that whatever may happen, it will work for our eventual benefit. "To them that love God all things work together for good," wrote the inspired Paul. He had learned that none of life's happenings is to be viewed in isolation. Rather each is part of a great, over-all pattern. Each event of life fits into its proper place, a piece of a divine mosaic, which in its entirety always means good for us. Whatever event crosses our path, whatever circumstance may be our lot, we know that it will work with the other circumstances of life to bless us, to give us greater happiness. Every part of life has meaning, every activity combines with another to guarantee our continued good. God has promised that it shall be so.

Finally we can remember that God's pathway for us is from faith to faith, and "from glory to glory." Our future is one of continual progression, a steady moving upward toward better things. I think of a friend who was always frightened when things were going right because he feared good fortune boded ill for tomorrow! We know better. Tomorrow will be a day of blessing,

just as this day has been, with greater scope and stronger foundations. Our path for the future is one of increasing benefits. It is not a road from glory to despair, then back to glory again; it is from glory to glory to glory, continually higher, continually better, daily more blessed.

Thus we have every reason to welcome the future. It is not a region of fear to us but a region of perfect divine assurance. God has been good to us; we know that He will continue to be with us. We are gaining greater capacity to receive His blessings and greater knowledge of His ways. With this increased capacity and enlarged knowledge we do not worry about the future. We realize that it will be increasingly bright and move steadily upward to better things. Our future will be glorious!

For, behold, I create new heavens and a new earth; and the former things shall not be remembered, nor come into mind. But be ye glad and rejoice forever in that which I create. . . . For as the days of a tree shall be the days of my people, and my chosen shall long enjoy the work of their hands. They shall not labor in vain, nor bring forth for calamity; for they are the seed of the blessed of Jehovah . . . And it shall come to pass that, before they call, I will answer; and while they are yet speaking, I will hear.

"I AM THE JOY, THE JOY OF LIVING:
IT COMES FROM GIVING, GIVING, GIVING,
I GIVE OF LOVE, I GIVE OF PEACE,
I GIVE OF JOYS THAT NEVER CEASE."

IF YOU are out of sorts with the world today an excellent way to restore good humor and a sense of well-being is to do some act of kindness that requires a little giving of yourself. Make a telephone call, wrap up a gift, write a letter that you know has been long put off.

Think of those loved ones whose problems are as great as yours and mentally wish them well. Ask God to bless them. Make out a written list of those you particularly would like to help and read the list aloud to God, invoking His blessing upon each one.

As you thus give something of yourself you will feel yourself growing, expanding, and abounding with energy and good cheer. The more you give the more you will receive. Try it and behold the rich blessings you will call forth in your own life and in the lives of others.

✿ *I say unto you, Inasmuch as ye did it unto one of these my brethren, even these least, ye did it unto me.—MATT. 25:40.*

THE WISDOM OF GOD QUICKENS MY MIND,
LIGHTS MY WAY, AND I KNOW WHAT TO DO
AT ALL TIMES.

IF YOU ARE uncertain or doubtful about some step ahead of you, you may be sure of receiving the right guidance when you seek the wisdom of God that is within you. The wisdom of God quickens your mind and makes clear to you the way you are to go. His wisdom dispels all uncertainty and doubt, and right decisions are plainly revealed to you.

You can turn to God for guidance and counsel, you can rely upon His wisdom to lead you at all times. You need not be troubled or anxious when you are confronted by an unusual situation, for God's intelligence and wisdom are within you and you have access to His help the very moment you seek guidance from Him. When you ask that His wisdom quicken your mind, light your way, and show you what you should do, you can make decisions quickly and easily.

*I will instruct thee and teach thee in the way which thou
shalt go:*

I will counsel thee with mine eye upon thee.

—PSALMS 32:8.

THE PEACE OF GOD FILLS MY MIND AND
HEART, AND I RADIATE PEACE TO THE WORLD
ABOUT ME.

TODAY I RELAX mentally and physically and let the peace of God fill my heart and bring poise and serenity to my mind. No unhappy or discordant thought need remain in my mind, for I have the power to govern my thoughts and to keep them peaceful and harmonious.

When my mind is peaceful I am receptive to my good and I find a blessing in every situation. Nothing can disturb my peace of mind when I rely upon God and trust Him to be with me at all times. If some situation arises that in the past would have irritated me or annoyed me I will hold steadfastly to my faith in the power of God to make all things right. My peaceful, harmonious attitude will make it easier for me to handle any situation that may arise in my life.

I can be most helpful to those I love by being calm and peaceful in my attitude. As the peace and serenity of God fills my mind and heart it radiates through me so that all whom I contact feel and recognize the power of peace.

♣ *Thou wilt keep him in perfect peace.—ISA. 26:3.*

I AM THE FEARLESS, CONFIDENT, BELOVED
CHILD OF GOD.

ARE YOU afraid of what other persons may think about you or say about you? Are you afraid of ridicule? Are you afraid to express an opinion for fear that someone will disagree with you?

Do you feel that no one else ever feels as unsure of himself as you do? The fact is that no one becomes a poised, confident, mature individual without overcoming fears such as these. Every person, even the most assured one, has experienced times when he felt awkward, ill at ease, and unsure of himself.

How can fear and timidity be overcome? The beginning of your overcoming is in your thought about yourself. You are better than you think you are. You are more beloved than you know. You are more important than you realize. You are God's child!

Say to yourself many times during the day, "I am the fearless, confident, beloved child of God." This will enable you to walk happily and unafraid anywhere you need to go.

✿ *Be ye therefore imitators of God.*—EPH. 5:1, 2.

THOU ART CONSTANTLY GUIDING ME, AND I
FIND JOY IN EVERY MOMENT OF LIVING.

LIFE CAN BE a joyous experience if we truly believe that God is with us every step of the way. We do not have to wait for the future in order to realize heaven. Right now we can experience its blessings. Although we may be far from the ultimate realization of our Christhood as Jesus realized it, our present understanding can be the means of bringing much joy into our life. The child does not enjoy life the less because he is not yet fully mature. Childhood has its own particular joys. Youth has its joys. Every stage of development, though incomplete in its unfoldment, gives us infinite cause for rejoicing. The bud is not the full-grown flower, and yet the bud has a loveliness of its own, and a perfection of its own.

Let us rejoice in the blessings of this present moment. Let us not long for what we seem to lack but give thanks for what we have and live each moment as if in the presence of God.

*I will rejoice in Jehovah,
I will joy in the God of my salvation.*

—HAB. 3:18.

I REMEMBER AT ALL TIMES TO BE VERY KIND
IN ALL THAT I DO AND SAY.

KINDNESS is an indispensable ingredient in the achievement of harmonious human relations. Like salt in food, kindness is essential in bringing out the best in human nature.

It is not enough to be polite and conventionally courteous. In all our dealings with others, friend and stranger alike, the added something that makes us glow with happiness and good will is kindness. What we say or do, when enhanced by kindness, is received in the right spirit by others.

We may be called upon at times to speak firmly to another person about some matter, to say something that may possibly embarrass or hurt that one.

But when we pray, "Let me be kind" we will be able to handle such a situation in a way that will mitigate the hurt or embarrassment. What we say is sometimes not so important as how we say it.

Let us remember at all times to be very kind in all that we do and say.

✿ *Put on therefore, as God's elect, holy and beloved, a heart of compassion, kindness . . . forbearing one another, and forgiving each other, if any man have a complaint against any.—COL. 3:12, 13.*

MY EVERY EXPERIENCE THIS DAY IS FILLED WITH BLESSINGS FOR ME, AND I AM NOT DISMAYED BY NEGATIVE APPEARANCES.

THIS DAY is filled with blessings for me. Some may be obvious and some obscure, and it is up to me to discover and recognize those that are not clearly revealed. At first encounter, some situations may appear to be anything but blessings, but my faith in right outcomes assures me that all things prove to be good if given time to develop. I maintain a positive attitude, gratefully acknowledging every good thing that comes my way. Thus every experience leads me along the path to my highest good if I but penetrate its outer disguise and faithfully await its ultimate good outworking.

Just as Jacob while wrestling with the angel refused to let him go before the angel blessed him, just so do I refuse to dismiss any experience without extracting a blessing from it. It is not necessary that blessings come to me labeled as such since I have supreme faith and confidence in the eventual manifestation of perfect good.

♣ *I will not let thee go, except thou bless me.*—GEN. 32:26.

LOVING FATHER, GUIDE MY WORDS THIS DAY, AND WHEN THERE IS NO NEED FOR WORDS, HELP ME TO MAINTAIN A LOVING SILENCE.

LOVING Father within me, I dedicate my power of speech to Thy service. I realize the necessity of refraining from using words or tones of voice that have the slightest harshness, impatience, or unkindness, for I am created to be Thy mouthpiece. Where there is sadness I would speak of joy, where there is discouragement I would speak of faith, where there is loneliness I would speak as a friend. When others have been faithful in fulfilling their obligations, I would speak my gratitude and praise.

Father, teach me how to maintain a loving, prayerful silence when words would irritate or fall on "deaf" ears. Help me to keep to myself words that better judgment tells me not to utter. Help me to be still. Help me to know that Thou art working in and through all things to bless and to bring forth good.

*Let the words of my mouth and the meditation of my heart
Be acceptable in thy sight.*

—PSALMS 19:14.

I ACHIEVE A PERFECT BALANCE IN ALL MY
ACTIVITIES THROUGH THE GUIDANCE OF
SPIRIT WITHIN.

TO ACHIEVE a well-rounded life I need to have periods of work and play, activity and rest, and all must be governed by prayer. I strive for perfect balance in all my activities knowing that herein is found the key to God's plan for me.

In doing my work well I most fully accomplish God's purpose in me; that of expressing Him. In periods of recreation I am literally re-created so as to better carry out His purpose when I return to my work. Constantly aware of the guiding Christ within me I instinctively know when it is time to lay aside my work and seek recreation. Inner guidance tells me too when recreation has fulfilled its purpose. Thus none of my activities assumes undue importance to the exclusion of the others, and I acquire a proper perspective of my various activities. Aware of the Father's guidance in all I do, every phase of my life assumes its correct proportions.

✿ *Moreover as for me . . . I will instruct you in the good and the right way.*—I SAM. 12:23.

GOD'S LAW OF GOOD IS AT WORK IN MY
LIFE, AND DIVINE ORDER IS NOW ESTAB-
LISHED IN ALL MY AFFAIRS.

WHEN YOU feel the need for order and harmony in your life and affairs, then is the time to become still and realize that God's law of good is at work in all that concerns you, that divine order can be brought forth regardless of how disturbing or confusing are the appearances. God's law of good controls the universe. Trust in Him to establish divine order in your life.

When you realize that there is a law of divine order at work in your life you will be able to adjust yourself to any condition you may have to meet and you will not be upset by appearances of disorder or confusion. At the beginning of each day take a quiet time and surrender all your thoughts to God. Let your trust in His law of good fill your mind and heart so full of peace that there is no room for thoughts of resistance or opposition to conditions. His law of order and good is working in all your affairs to bring about the right solution to all your problems.

✿ *Put your trust in Jehovah.*—PSALMS 4:5.



R. H. CENVI

Out howe
Lil sunb
Withe ligh
Cana hap

I can't tell
Thigh ho
Nor ose b
Mae it wa

So bray of
I wd pas
Thous tha
Thghts th

Spring in
Bring in
Blesses and
"To hom



GENVILLE

at nowhere suddenly,
Like sunbeam fraught
With the light of loveliness,
Came happy thought.

and tell how far it came,
Though how many doors,
For whose blessing gave it wings—
Mine it was yours!

by way of gratitude,
I will pass along
Thoughts that have a shine to them,
Thoughts that make a song

Bring in the weary heart,
Bring in their turn
Messages and encouragement
"To whom it may concern."

THE HEALING POWER OF GOD IS MIGHTY
IN THE MIDST OF ME.

THIS LESSON is written especially for those among our readers who have been told that they have some incurable disease, that nothing can be done for them from a medical standpoint.

We wish that you could read the letters that come to Silent Unity telling of conditions that have been healed in spite of verdicts that gave no hope!

There is no condition that is beyond God's power to heal. The secret of life itself is hidden in the cells of your body. God's healing life is at the heart of your being, and His power is present even where disease is apparent. Think about the powerful life of God in the midst of the very cells of your body, think of His life-giving presence. Affirm your oneness with life, and your entire body will feel an uplift, will sense a newness of life.

Remind yourself again and again: There is no incurable disease. With God all things are possible.

☛ *With God all things are possible.*—MATT. 19:26.

I WILL KEEP MY MIND ON GOD THIS DAY,
AND HE WILL KEEP ME IN PERFECT PEACE.

I WILL KEEP calm and relaxed this day. If situations arise that need quick decisions, strength and courage, self-control, and patience, before I do or say anything I will turn my thoughts toward the presence of God within me and relax completely for a moment. Though fearful and disturbing thoughts may rise up and clamor for attention, I will continue to be still in the all-infolding presence of God, for the mighty, delivering power of God can work through me only when I relax all tension.

I will keep my heart loving this day. The efficiency needed for my work and the strength needed for accomplishment are greatly impaired when I allow hurts, grudges, and unkindnesses to enter my heart. The foundation of happiness and success is love of God and man.

In all that I do this day, with God's help I will keep myself relaxed, my heart loving, and my thoughts ever resting in His presence.

*Be still, and know that I am God:
I will be exalted.*

—PSALMS 46:10.

Wednesday

SEPTEMBER 13

I TRUST GOD TO HARMONIZE ALL MY AFFAIRS AND INFOLD ME IN HIS LOVING CARE.

WHEN THINGS in my life seem to have gone awry and I feel I have gotten away from God and His plan for my highest good I take time to be very still. As I listen for His comforting assurance I soon grow aware of His healing, harmonizing presence, and I relax in the consciousness of His love. Very quietly I develop an awareness of all things being under His loving care, and I am confident of the right solution for every problem.

When I turn within during times of stress I gain a deep conviction that all things are working irresistibly Godward, and I know I need not struggle in order to attain my good. God is in charge of my life and affairs. I rest in this knowledge. With it comes an upsurge of faith that make me know that the Father's blessings are being poured out upon me, and I go my way soothed and comforted. With each such overcoming my spiritual poise is increased and I am stronger for having met and conquered inharmony.

✿ *Cast thy burden upon Jehovah, and he will sustain thee.—PSALMS 55:22.*

I GIVE WILLINGLY AND LOVINGLY OF MYSELF, AND I AM BLESSED WITH HAPPINESS, SECURITY, AND PROSPERITY.

VERY FEW people realize how much their happiness, security, and prosperity are dependent upon themselves. If we could all realize that we contribute to our own happiness and well-being by the willingness with which we give of ourself we should strive to give more of ourself to what we are doing, we should all be more helpful and considerate of others.

If you want to feel more secure in your work consider how you may give an added bit of service or lend a helping hand to a co-worker. If you feel the need of more prosperity in your affairs, think of the things you can do to advance in your work and to increase your supply. If you have felt unhappy in your relations with others you may need to express more love, for it is by expressing love and kindness that we draw to ourselves happy and satisfying human relations. In all we do let us give of ourselves lovingly and willingly in order that we may attract our good.

♣ *He hath dealt bountifully with me.*—PSALMS 13:6.

I RELINQUISH ALL ANXIETY FOR MY DEAR ONE TO GOD THE FATHER AND I RELAX IN THE ASSURANCE OF HIS GUIDING, PROTECTING PRESENCE.

IF IT IS necessary that I be separated for a time from someone I love I will refrain from tears of self-pity and self-concern. I will refrain also from imagining that some harm may befall my dear one. Instead I will turn to God in the realization that my dear one cannot go where God is not.

I know that the light of God surrounds my dear one, that the love of God infolds him, that the power of God protects him, that the presence of God watches over him, that wherever he is God is. In this realization I relax and let go all tension, all anxiety.

I know that God will guide his footsteps into ways of peace, harmony, and happiness. I become secure in the knowledge that we are always one in Spirit with those we love, and that in Spirit there can be no separation.

✿ *I will not leave you desolate: I come unto you. . . . Peace I leave with you; my peace I give unto you . . . Let not your heart be troubled, neither let it be fearful.*
—JOHN 14:18, 27.

I AM QUICK TO FORGIVE AND TO OVERLOOK SEEMING SLIGHTS, REALIZING THAT PERFECT HARMONY IS GOD'S WILL FOR ALL HIS CHILDREN.

I NOW RELEASE from condemnation any person with whom I may have been out of harmony. If I have disagreed with someone I bless that person and myself and give thanks for the establishment of perfect understanding between us. I recognize that there are as many viewpoints as there are people, so I am ever flexible in my opinions; ever ready to be led into broader fields of thinking as the Father directs.

Realizing that we are all one in Spirit I know there is a common meeting ground for all of God's children no matter how divergent their beliefs. This being the case I allow no feelings of hurt or resentment to stand between me and the perfect outworking of harmony in my relations with others. I freely forgive all seeming slights, thus hastening the establishment of peace and understanding.

** I therefore . . . beseech you to walk worthily of the calling . . . forbearing one another in love; giving diligence to keep the unity of the Spirit in the bond of peace.—EPH. 4:1, 2, 3.*

MY SPIRIT IS AGELESS, THEREFORE I AM AGELESS, FOR I AM MY SPIRIT.

THIS IS AN affirmation that was given to us by a DAILY WORD friend who described it as one of her formulas for keeping young. At the age of eighty-one she is a professional clothes model!

If we ever think of ourself as old and unnecessary, we need to remind ourselves that this is not the truth about us. In God's sight we are ageless, deathless, free in spirit!

Let us think of the cells of our body as being permeated with the renewing life of God. Let us think of our mind as open to new ideas, let us know that we are never too old to learn and grow. Let us think of our life as part of God's eternal plan, let us think of ourself as an important part of that plan. We are necessary to God, we are beloved of Him.

Let us affirm: "My spirit is ageless, therefore I am ageless, for I am my spirit."

♣ *They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk, and not faint.*
—ISA. 40:30.

THE POWER OF GOD WITHIN ME ENABLES ME TO DO ALL THINGS. I HAVE CONFIDENCE IN MY ABILITY TO SUCCEED.

THERE IS A spirit within you through which you can accomplish all things. This spirit is the presence of God in the midst of you. You need never doubt your ability to do whatever you desire to do if you will but realize your divine powers. When you turn to Him you can be sure He will reveal to you all you need to know and guide you in ways of success and abundant good.

Many persons lack confidence in their ability to accomplish what is before them or to succeed in some particular line of endeavor. If you will remember that the power of God is within you, that you can depend upon His spirit of wisdom to guide you in all your ways and to help you give expression to your talents and abilities, then if you are faced with something about which you are uncertain you will not be afraid or fear failure. The presence of His wisdom will give you the power to discern quickly and accurately that which needs to be done, and the power and ability to do it.

♣ *Be strong and very courageous.*—JOSH. 1:7.

I PRACTICE LOVE IN ALL MY HUMAN RELATIONS, IN MY THOUGHTS, MY WORDS, AND MY PRAYERS.

IF MY co-worker is unjust to me, I practice love. If my neighbor ignores me or speaks unkindly to me, I practice love. If a member of my family is cross and irritable, I practice love. If problems and difficulties arise like dark clouds around me, I practice love.

I find the answer to every question and the solution to every problem in the practice of love. I have the remedy for every painful situation ready for instant use. I practice love.

I practice love by blessing with all my heart the one who seems unjust or unkind or irritable. I practice love by looking deeper than word or act and beholding the true good at the heart of the other person. I behold the divine Christ back of the human external.

I practice love by speaking positive, affirmative words. I declare that God is with me and with all and that all things are possible with Him. I practice love in prayer by praising Him and joyously accepting Him.

✿ *Neglect not the gift that is in thee.*—I TIM. 4:14.

THE LIGHT OF THE HOLY SPIRIT SHINES IN MY CONSCIOUSNESS, AND I SEE CLEARLY.

—UNITY ILLUMINATION THOUGHT.

WHEN JESUS was about to consummate His earthly ministry, He told the apostles that it was expedient for Him to go away, but that He would send them the Comforter, the Spirit of truth, who would guide them into all Truth. The promise He made to them was intended not for them alone, but for everyone who loves and has faith in Him, our Saviour and Way-Shower. Even though we do not see Him with our mortal eyes, His loving Spirit is within us and about us momentarily. The light of His presence, His Holy Spirit, illumines our consciousness in ever greater degree as we become more willing to receive it.

When the light of the Holy Spirit shines gloriously in our consciousness, we discern what is right, just, good, and true. All mists of doubt disappear. Certainty replaces uncertainty. We see before us the answer that we seek. In faith we proceed to do what is shown us to do.

• *The darkness is passing away, and the true light already shineth.*—I JOHN 2:8.

THE HOLY SPIRIT SUBSTANCE PROSPERS ME,
AND ABUNDANCE IS EVERYWHERE MANIFEST.

—UNITY PROSPERITY THOUGHT.

WHEN WE direct our attention to the subject of prosperity we are taking the first step toward demonstrating greater prosperity in our life and affairs.

It is a law of mind action that whatever we give our attention to becomes a part of our consciousness and our life. Accordingly, when we think about and pray about prosperity we make contact with the Holy Spirit substance that is the source of all, and set it into activity in our life and affairs.

God's infinite abundance is made manifest through us. Let us realize that the prosperity we seek is seeking us.

If we are in need of greater prosperity, our part is to prepare to receive it, first by opening our mind to the ideas that come to us from Spirit, and then by acting upon them in accordance with the guidance that we receive.

♣ *Observe to do according to all the law . . . Then thou shalt make thy way prosperous, and then thou shalt have good success.*—JOSH. 1:7, 8.

THE HOLY SPIRIT LIFE HEALS ME, AND I RADIATE HEALTH TO EVERYBODY AND EVERYTHING.—UNITY HEALING THOUGHT.

PRAISE GOD now, this moment, for your abundant health. No matter what may be the state of your mind, your emotions, your body, your spirit, rejoice! Lift up your heart to God. Give thanks unceasingly that the life that is yours in infinite measure now flows through you in great waves of healing.

The mighty cleansing power of the Holy Spirit has brought splendid new life to you. It courses through your bloodstream, it strengthens and renews you in every part. The infinite life of God, the Holy Spirit life, surges through you. The potent energy of this life makes you strong, untiring, and vigorous.

Health of body, mind, and spirit, is now manifest in you. It radiates through you. Even as you are now healed through the Holy Spirit life, so do you radiate health to everybody and everything.

* *Then Jesus answered and said unto her, O woman great is thy faith: be it done unto thee even as thou wilt.*—MATT. 15:28.

I KEEP MY VISION UPON THE CHRIST THAT
ANIMATES EVERY PERSON.

WHENEVER I am with other persons I keep myself constantly aware of the Christ that abides within them. It is not just a personality with which I am dealing, but the Christ that animates that personality. I realize that the life which flows through every physical body is the very life of God, the intelligence that holds the body together, cell to cell, is the intelligent Spirit of God. The light that shines in every eye is "*the light* which lighteth every man." That power which enables man to move and accomplish is the very indwelling power of the Most High.

When I realize this about every person whom I meet, I cannot be unkind in thought, word, or deed, for I seek to serve the Christ that shines within all men. If the personality of another is disturbing in any way, I lift my vision. I penetrate the outer appearance, and behold the radiant Christ within that one. When my vision is lifted, all inharmony is dissolved.

✿ *Ye are gods . . . sons of the Most High.*—PSALMS 82:6.

MY THOUGHT OF GOD FREES ME FROM ALL
FEAR AND FILLS ME WITH STRENGTH AND
HAPPINESS.

THE WAY to rid yourself of discontent and anxiety and every troublesome thing is to open your consciousness to God. You may say, "I believe that and I try but I do not seem to be successful. How can I think of God when so many other thoughts crowd in?"

God has given you the power to control and direct your thinking. You may not be able to keep harmful thoughts from flashing into your mind but you can refuse to let them stay. The unwelcome visitors will leave when you turn your attention away from them toward God.

If any thought makes you miserable or keeps you from enjoying complete good you can be sure it is a false thought and has to go. It will go if you think of God. God is good. God is your Father. Dwell on that. Absorb its meaning into your consciousness. You can stop worrying. You can stop thinking about what seems wrong in your life. You can change all by thinking persistently about God.

✱ *Walk in newness of life.*—ROM. 6:4.

THE CHRIST SPIRIT PERVADES MY WHOLE BEING, AND I AM POISED AND SERENE AT ALL TIMES.

IN THE busy world of today each of us needs to take time for quiet prayer. We need to take time to seek and find within ourself the source of poise and serenity. To do this we need to go quietly within ourself and find the presence of Christ that pervades our whole being. Thus we are blessed with a consciousness of peace and poise and serenity that is greater than any we ever knew before.

If the day before us seems fraught with responsibilities, we shall not become tense or nervous if we remember that Christ is within us and gives us power to conquer all things. When we turn to Him for help nothing will have the power to disturb or confuse us. No matter what we are doing or what problems we face we will find help and strength and courage as we draw close to the Christ and rest in the assurance that all is well.

Today I acknowledge and give thanks for the peace of Christ that pervades my whole being.

✿ *Peace be within thee.*—PSALMS 122:8.

THE LOVE OF CHRIST FILLS MY HEART AND
IS EXPRESSED THROUGH ME AS UNDERSTAND-
ING AND FORGIVENESS.

IF WE find it hard to be forgiving let us remember these words of Jesus, "Father, forgive them; for they know not what they do." This is the highest example we have of the expression of forgiveness and love, and it reveals to us the way of perfect understanding, compassion, and spiritual upliftment.

We can readily see how futile it is to hold resentment or to harbor a feeling of ill-will toward another, for it only makes us unhappy and keeps us from enjoying peace of mind. The spirit that enabled Jesus to be loving and forgiving is within us. The Christ in us does not see weakness and imperfection. The Christ in us enables us to say with an understanding heart, "Father, forgive them; for they know not what they do." The Christ in us lifts us out of thoughts of condemnation or resentment. The Christ in us lifts up and blesses us and those about us. The Christ in us sets us free.

• *Father, forgive them; for they know not what they do.*—LUKE 23:34.

THROUGH THE CHRIST WITHIN ME I SUCCESSFULLY FACE AND COPE WITH MY RESPONSIBILITIES THIS DAY.

I CONFIDENTLY accept my responsibilities this day knowing they are met through the power of the Christ within me. I make no attempt to shift the problems or duties that confront me to others, for in meeting them I prove my divine abilities and grow in understanding. Every time I fearlessly face a responsibility I grow in spiritual stature. I have no fear of failure because I perform my designated tasks with God's help. His power is mighty within me and responds instantly as I call upon it. Within me are the knowledge and strength to accomplish all things. No responsibility is too heavy for me when I realize that I do not carry it alone.

The responsibilities that are mine have come to me because it is I who can best discharge them. Instead of shifting them to those around me I avail myself of spiritual help and am led to successful accomplishment.

Through Christ in me I can do all things.

♣ *We have done that which it was our duty to do.*
—LUKE 17:10.

I PRACTICE THE PRESENCE OF GOD IN MY LIFE, AND I AM HAPPY, JOYOUS, AND FREE.

IT IS A victory well won when we realize that happiness and joy come from God.

The dawning of a new way of happy living opens to us when we begin to practice the presence of God in our life. To feel the nearness and dearness of His presence in our heart lifts us out of ourself and our own self-seeking.

To practice the presence of God helps us reshape our thinking and gives us courage and inspiration to mold the character of our thinking into more constructive, positive lines. We learn the art of giving, of loving, and of being the kind of person we really want to be through the practice of the presence of God.

Giving of our love and friendship to those about us is a determining factor in experiencing deep satisfaction, happiness, and joy. Giving of our love and understanding to others widens the circle of our friends, which in return brightens our life and adds spiritual grace and beauty to it.

* *These things have I spoken unto you that my joy may be in you, and that your joy may be made full.*
—JOHN 15:11.

I JOYOUSLY ACCEPT THE IDEA THAT I AM A CHILD OF GOD AND THAT PROSPERITY AND SUCCESS ARE MINE BY DIVINE RIGHT.

IT IS RIGHT, just, and orderly to seek prosperity, to pray that the outer needs of our life will be supplied.

Charles Fillmore gives this advice: "Financial success or failure depends upon the attitude of mind active in both those who achieve success and those who fall under the negations of failure. To attain prosperity, think about prosperity, industry, and efficiency. Fill your mind to overflowing with thoughts of success, realize that the fullness of all good belongs to you by divine right. To this add a feeling of happiness and joy and you have the recipe for abundant and lasting prosperity."

Let us begin today to accept the idea that prosperity and success belong to us as children of God. Let us declare with faith this thought: "I joyously accept the idea that I am a child of God and that prosperity and success are mine by divine right."

✿ *It is your Father's good pleasure to give you the kingdom.*—LUKE 12:32.

I BEHOLD ALL PERSONS AS CHILDREN OF GOD.

ONE OF the surest ways to promote your own happiness is to work with the thought of making others happy, to practice beholding them as children of God. You can help to create harmony at home, in an organization, or in a place of business by seeing only the good in others and working always with good will.

Another person may seem harsh or thoughtless or unjust but in reality he is as you are, a divine child of the divine Father. If you will see through the seeming faults to the perfection within him, you will help to bring him to a realization of his divine nature. The love you hold for others will bring untold blessings to you.

If you are inclined to feel bitter toward anyone, reverse your attitude. Do not wait for the other person to change, but change your own thought. You will bring more good to both for that is the law of God. You cannot bless another without being blessed yourself.

* *A new commandment I give unto you, that ye love one another; even as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples.—JOHN 13:34, 35.*

With deep gratitude we are happy to share with you the following letters received from friends who were recipients of DAILY WORD gift subscriptions:

"Please accept a small offering from a very grateful heart. I sincerely believe that if I had not had the DAILY WORD sent me as a Christmas gift last year I should not be enjoying the health and happiness that I have now. In March I was taking radium and X-ray treatments for cancer. During the time I was taking treatments and the period in the hospital, there were many times, especially during the night, when I would waken and begin to think about my condition. Had I not had DAILY WORD to turn to I do not believe I could have kept my reason. Today I am feeling better than I have in twenty-five years. And when I meet friends who knew of my condition they are amazed. I always tell them that it was faith alone that brought about the change. And it all grew out of the kindness of the friend who sent me DAILY WORD. Before then I knew not the blessed joy of knowing my Saviour."—M. A. H.

"Many months ago I lost a loved one who meant more to me than life itself. I cannot describe the sorrow and despondency that were mine; it seemed more than human heart or mind could take. A stranger sent me a year's subscription for DAILY WORD. I'm frank to admit that for the first few copies I never looked beyond the cover but one day when I was at low ebb I thumbed through a copy. Need I tell you how it filled my need? From that moment on I have experienced the restoration of a faith I thought was gone. My heartfelt thanks to the friend who helped me not only to find myself, but also to believe in God once again.—A. C. D.

you
were

ful
ily
not
ow.
for
the
illy
to
RD
on.
ive
di-
vas
all
ne
of

re
nd
u-
a
nit
he
ed
d?
on
to
ut

Are You Taking Part?

LESSONS IN TRUTH WEEK

SEPTEMBER 11 TO 17

Regardless of how many times you have participated in Lessons in Truth Week there are always new and valuable truths to be gained from the careful study of H. Emilie Cady's great book, *Lessons in Truth*. One Truth student writes:

"I am rereading *Lessons in Truth* and find that although at the first reading I thought I had read it carefully, I am discovering new messages and thoughts, which I overlooked in the first reading. I shall make it a point to reread it several times in the future."

Each year a week in September is set aside as Lessons in Truth Week. This year it will be from September 11 to September 17. During this week Truth students in all parts of the world will join together in the reading and study of H. Emilie Cady's book *Lessons in Truth*. Through their reading of this fundamental Unity textbook they will learn how to make the Christ principles a part of their life and they will experience greater health, happiness, and success.

If you too would like to learn how to break the bonds of fear, lack, and illness—discover the real power of prayer—strengthen your faith in God—overcome a sense of inferiority—free yourself from self-imposed limitations—obtain a copy of *Lessons in Truth* from your local Unity center or order it directly from us. To aid you in your study of this inspiring book, a small booklet entitled *The Lessons in Truth Study Guide* will be included free of charge. *Lessons in Truth*, is priced at \$1 a copy.



"Cast the Net"

FOR PROSPERITY

Jesus' instructions to His disciples to "Cast the net on the right side of the boat, and ye shall find" was meant not only for the Twelve but also for His followers throughout all time.

These words of Jesus embody the purpose of the use of the Unity Prosperity Bank plan. Remember His instructions when you send for a Prosperity Bank and when you use the Bank drill. Your mind is the "net" that is "catching" thoughts, and as you use your mind in the right way and train it to accept only thoughts of the Christ mind you are "casting" it on the right side, the side on which man realizes the truth that inexhaustible resources are always present and can be made manifest by those who exercise their faith in that direction.

The coupon below is for your convenience in ordering a Bank and in ordering DAILY WORD for yourself or as gift subscriptions. Silent Unity prays with you during the seven-week Bank drill for a successful demonstration of the blessings you desire in your life.

Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three DAILY WORD subscriptions (one year each) listed below:

1. Name _____
Street _____
City _____ State _____
 2. Name _____
Street _____
City _____ State _____
 3. Name _____
Street _____
City _____ State _____
- SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided.



Gifts



OF UNITY MAGAZINES

Convey Your Love and Thoughtfulness

To the Children: WEE WISDOM—Boys and girls 5 to 13 will be thrilled with a magazine of their own. Filled with things that children enjoy—stories, games, puzzles, paper dolls, and things to do—and all with a character-building slant. Bible stories too! Twelve issues, \$2.

To Business People: GOOD BUSINESS—A monthly magazine for businessmen and women containing practical, proved, and tested articles dealing with the application of Truth to business. \$1 a year.

To Advanced Truth Students: UNITY—For friends growing in understanding and seeking greater spiritual unfoldment. Timely, stimulating articles, with a section devoted to metaphysical interpretations of the Bible. Monthly. \$1 a year.

To All the Family: WEEKLY UNITY—Unity's weekly messenger of Truth, teaching the homey, practical, everyday application of the teachings of Jesus Christ. Each issue contains feature columns by Lowell Fillmore and Silent Unity. \$1 a year.

Gift subscriptions will reach your friends along with an attractive folder announcing that the gift is from you.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI



Soaring Thought

JAMES DILLET FREEMAN

I may not be the sky
But I can aim as high;
I may not be the sea
But there are deeps in me.
My heart can reach sea-wide
And shut earth's shores inside
The compass of its love.
To take the measure of
My spiritual strength
The ocean's width and length
And depth are not enough.
The air's transparent stuff
Is dense and crudely wrought
Beside my soaring thought;
Not even wind and light
Can make so far a flight;
In me there is yet more
Than heaven has headroom for.
I may not be the sky
But I can aim as high.

SEPTEMBER 1950

